



Waan ku rumay- stay markaad tiri marwalba waxaad ahaanay- saa gabartaydii yarayd

haddana waan ku ru- maysanahay

#WaanKuRumaysanahay

ONELiNE
ee Xadgudubka Galmada

1-866-403-8000 | aasas.ca

Markii ay gabartaydu iisheegtay in loo gaystay xadgudub galmo, waxaan ku iri ereyadii ay u baahnayd in ay maqasho: waan ku rumaysanahay, mana aha qaladkaaga. Markay diyaar noqotay, waxay la xiriirtay Alberta's ONE LiNE ee Xadgudubka Galmada. Taageeradooda ayaa ka caawisay qaadashada tallaabadii xigtay ee bogsashada.

Alberta's ONE LiNE ee Xadgudubka Galmada wa khad bilaash ah oo ah adeeg telefon, qoraal ama sheekaysi asturan oo laga heli karo daafaha Alberta oo dhan.

*Rabshadda galmada waxa ka mida (laakiin aan ku koobnay): xadgudubka galmada (kuufiga), dhibaatayntha galmada, ku xadgudubka galmo ee carruurta. Haddii adiga ama qof aad taqaanid ay ku dhacday rabshad galmo ama aad u baahato macluumaad dheeraad ah fadlan wac, uqor fariin ama la sheekayso KHADKA KOW ee Alberta ee Rabshadda Galmada.

Alberta

ASSOCIATION OF ALBERTA
SEXUAL ASSAULT SERVICES

**Waan ku rumay-
stay markaad tiri
waxad marwalba
ahaan doontaa
geesigayga**



**haddana
waan ku ru-
maysanahay**

#WaanKuRumaysanahay

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**Waan ku rumay-
stay markaad tiri
wax walba waan
qaban-karaa**

**haddana
waan ku ru-
maysanahay**

#WaanKuRumaysanahay

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ONELiNE **ka-badbaaduhu** **rabo inuu maqlo**

#WaanKu-
Rumaysanahay

A photograph showing a woman in the foreground looking down at her smartphone. In the background, a man is visible, also looking towards the phone. They appear to be in a social setting.

ONELiNE
wac ama
qoraal u dir

1-866-403-8000

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**Waan ku rumay-
stay markaad
tiri waxan weli-
geenba ahaan
doonaa saaxiibo**

**haddana
waan ku ru-
maysanahay**

#WaanKuRumaysanahay

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