

**ONELiNE**  
a survivor  
needs to hear  
#IBelieveYou

**ONELiNE**  
to call or text  
1-866-403-8000

**ONELiNE for  
Sexual Violence**

1-866-403-8000 | [aasas.ca](http://aasas.ca)

When my friend told me she had been sexually assaulted, I said the words I knew she most needed to hear: I Believe You, and it's not your fault. When she was ready, she connected with Alberta's **ONE LiNE** for Sexual Violence. Their support helped her take the next step toward healing.


Alberta's **ONE LiNE** for Sexual Violence is a toll-free phone, text, and chat service that's private and available throughout Alberta.

\*Sexual violence includes (but is not limited to): sexual assault (rape), sexual harassment, child sexual abuse. If you or someone you know has been impacted by sexual violence or you need more information please call, text or chat Alberta's ONE LiNE for Sexual Violence.

*Alberta* 

ASSOCIATION OF ALBERTA  
**SEXUAL ASSAULT SERVICES**





**I believed you  
when you said  
you'd always be  
my superhero**



**and  
I believe you  
now**  
#IBelieveYou

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When my son told me he had been sexually assaulted, I said the words I knew he most needed to hear: I Believe You, and it's not your fault. When he was ready, he connected with Alberta's **ONE LiNE** for Sexual Violence. Their support helped him take the next step toward healing.


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SEXUAL ASSAULT SERVICES**





**I believed you  
when you  
said you could  
do anything**



**and  
I believe you  
now**  
#IBelieveYou

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When my sister told me she had been sexually assaulted, I said the words I knew she most needed to hear: I Believe You, and it's not your fault. When she was ready, she connected with Alberta's **ONE LiNE** for Sexual Violence. Their support helped her take the next step toward healing.

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A composite image featuring two young girls. The top half shows a close-up of two girls with long brown hair, smiling broadly at the camera. The bottom half shows the same two girls from behind, hugging each other in a grassy field with mountains in the background. An orange diagonal line separates the two images.

**I believed you  
when you  
said we'd be  
friends forever**

**and  
I believe you  
now**  
#IBelieveYou

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SEXUAL ASSAULT SERVICES**





**I believed you  
when you said  
you'd always  
be my little girl**

**and  
I believe you  
now**  
#IBelieveYou

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Sexual Violence**

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When my daughter told me she had been sexually assaulted, I said the words I knew she most needed to hear: I Believe You, and it's not your fault. When she was ready, we connected with Alberta's **ONE LiNE** for Sexual Violence. Their support helped her take the next step toward healing.

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