

# Carlia Schwab

## Facilitator

Carlia Schwab (BA. Psych) she/her – has approximately 10 years working within the realms of relationship violence and prevention education, Carlia is an experienced Master Trainer in violence prevention education coming from her position with the Respect Education program of the Canadian Red Cross. With experience both in facilitation of content and mentorship and skill building to youth and adults. In 2020 she transitioned to specialized work within the sexual violence field as the Manager of Education and Community Relations at the Central Alberta Sexual Assault Support Centre.

Carlia has a degree in Psychology using her knowledge to pursue work with youth experiencing barriers and with special needs (as an Education Assistant for specialized youth programs in schools and at youth homes in the community), before progressing into her passion work in primary prevention education.

Carlia enjoys facilitation and the discussions that come from individuals engaged in content learning. Carlia brings an organized and clear delivery style to the FRT trainings striving to meet participant learning needs while presenting the content in an open, friendly and easy going way.



**First Responder to Sexual Assault and Abuse Training**